

3D Online Symposium: Exploring Racial and Ethnic Disparities in Healthcare

Outline

Date: 26/2/2021

Location: Online – Zoom and Sway

Intended Learning Outcomes

Aim: The aim of this session is to provide the Year 1 medical students an insight into the diverse array of health inequalities that affect the people from Black, Asian and Minority Ethnic communities in the UK. This includes understanding how cultural perspectives can interact with health, the need for healthcare workers to be aware of the impact of bias, and an understanding of work taking place in the community to address these inequalities.

Whilst the communities affected by these inequalities are often referred to as Black, Asian and Minority Ethnic (or BAME) in healthcare research, we will be specifically looking at how disparities in healthcare outcomes are linked to the ideas of race and ethnicity, and in addition the role that racism can play in this.

The purpose of this day is not to explore every form of health inequality or service inequity. Content exploring these topics is threaded throughout your curriculum in topic specific teaching throughout your 5 years in medicine (e.g. Cardiovascular, Obs and Gynae) as part of our work to decolonise the medical curriculum. This day is designed for you to hear the lived experience of experts and patients from these communities, to consider how culture and racism interact with health, to understand some of the work taking place within these communities and to consider your role as a doctor and ally.

Intended Learning Outcomes:

- 1.** Students will explore examples of the disparities in health and healthcare linked to race and ethnicity, through experts in the field, individual lived experience and narratives delivered by community organisations
- 2.** Students will understand how barriers to healthcare services can be connected to a person's cultural and ethnic background
- 3.** Students will reflect on their own unconscious bias towards people from different cultural and ethnic backgrounds to their own, and how these are linked to people's experience of racism
- 4.** Student will reflect on how their own, and other people's, bias can perpetuate and sustain health inequalities
- 5.** Students will reflect on their role as an ally to the colleagues, patients and communities who experience racism, health inequalities and healthcare inequity, and how as a doctor they can address health inequality in their everyday practice

Timetable

You will notice during the course of the day there are spaces for you to complete the self-directed learning on the Sway document which can be found [here](#). This will not be live until Wednesday 24th. The content covered includes additional learning to support some of the sessions below, and talks from speakers who could not make it join us live on the day. The topics covered include:

- Autism in the Somali community – Nura Aabe from Autism Independence
- An introduction to FGM for medical students – Dr Anika de Silva (Integrate UK)
- Historical Medical Racism Trauma – Carlette Ritter
- Black Maternal Health - Kyia Omoshebi, midwife in Bristol
- Additional content on dermatology – Dr Hannah Wainman
- HIV stories – Speakers from THT/Brigstowe
- Additional content on Cultural (In)Sensitivity, Race and Medicine – BME Medics/Muslim Medics

Time	Speaker	Topic	Zoom link
9:00 – 9:45	Dr Joe Hartland and Micaela Briscoe	Introduction – what is race and racism	Click here to join Meeting ID: 918 5326 4773 Passcode: 908657
9:45 – 10:00	BREAK		
10:00 – 10:40	Dr Habib Naqvi	Race equality in healthcare	Click here to join Webinar ID: 930 1246 5854 Passcode: 053096

10:40 – 11:30	Self-directed learning on Sway		
11:30 – 12:00	Dr Huzaifa Adamali	Impact of COVID19 on BAME communities: the Bristol Angle	Click here to join Webinar ID: 997 2162 8105 Passcode: 735408
12:00 – 14:00	LUNCH and Self-directed learning on Sway		
14:00 – 15:00	THT/Brigstowe	HIV – stigma and lived experience	Click here to join Meeting ID: 932 3848 1665 Passcode: 715603
15:00 – 15:30	Self-directed learning on Sway		
15:30 – 16:00	Dr Hannah Wainman and BAME working group	Diversifying the Dermatology Curriculum	Click here to join Meeting ID: 946 1798 1555 Passcode: 488504
16:00 - 17:00	BME Medics/Muslim Medics	Cultural (In)Sensitivity, Race and Medicine	Click here to join Meeting ID: 952 1801 7164 Passcode: 434105
END – wrap up will occur at 16:50 following BME Medics/Muslim Medics			